

HOME EMERGENCY SUPPLIES

Below are the recommended items for a basic home emergency kit. Remember to plan water and food for each member of your family (including pets and others who you know will arrive in times of crisis). Most items you will have in your home already. Place these supplies in the designated preparedness area of your home. Start with the essentials and build from there.

WATER

Minimum three days supply of water per person

- 1 gallon per day for drinking
- 1 gallon per day for sanitation
- Water purification tablets
- Water filter

FOOD

Minimum three days supply of food per person (2,000-3,000 calories per day)

- Non-perishable food that requires no heating (Freeze-dried, canned, air tight packaging)
- Items like chili, soup, peanut butter, dried fruit
- Can opener
- Eating utensils

ENERGY

- Flashlights/headlamp
- Extra batteries
- Candles, 100 hour candles
- Matches (waterproof) and lighters
- Solar-powered lights
- In Winter: Plan heat source – firewood, tools to manage fire
- In Summer: Battery-powered fans if no generator or solar power
- Gas grill and extra propane bottles for cooking
- Generator (if you choose)
- Fire extinguisher – Remeber to keep close and ready

MEDICAL

- High-quality first aid kit suitable for your family's needs and size
- Take first aid and CPR training

COMMUNICATION

- Hand crank or battery-powered weather or emergency radio
- Emergency contact information
- Phone, chargers, extra batteries, solar charger

TOOLS

- Wrench
- Pliers
- Socket set
- Black garbage bags
- Duct tape
- Basic hand tools
- Crow bar
- Shovel
- Hammer
- Scissors
- Plastic sheeting

SPECIFIC NEEDS/PERSONAL HYGIENE

- Feminine hygiene products
- Toilet paper, paper towels, soap, towels, etc.
- Toothbrush, toothpaste
- Hand sanitizer
- Medications

PERSONAL

- Set of clothes
- Umbrella/poncho
- Blankets

CHILDREN

- Entertainment items: activities, coloring books, games
- Diapers
- Formula
- Medicine

PETS

- Cage for transport
- Food
- Water
- Medication and special needs

My Additional Items



Grab and Go Kit

If your emergency plan is to evacuate your home, you'll need a survival kit with essential gear and supplies to last at least 3 days (72 hours). The only thing you absolutely need in this emergency kit is drinking water since you can go without food for 3 days. But, the idea is to remain safe, healthy, and functioning for these three days, not just alive.

Spend some time putting together a 72 hour kit that is fairly easy to move and full of essentials to help your family survive. You can purchase a pre-made, convenient kit from dozens of different companies or use the list below to make one custom-fit for your family's needs.

Store your kit in a convenient place. Train all family members that it is only for emergencies and discuss with older children what it contains.

Put all kit items in airtight plastic bags. Replace water, batteries, food, medicine every six months - medicine sooner if necessary. Christmas and 4th of July are easy to remember dates. Also update outgrown clothes and other item needs at these times.

Items with a **PP** mean "Per Person"

- 1 large plastic tub with tight lid - store everything in it except water and blankets.
- 1 list of contents
- about 12 ZipLoc bags, 1 gallon size to hold items
- 1 blanket or sleeping bag PP - takes up a lot of space. Keep stored by emergency kit.
- **Water** - 2 gallons PP - 8lbs/gallon will make this the heaviest part of your kit. Consider keeping the water out of the kit and sitting right by it.
- **Food** - 4000 calories PP - food bars or other high-energy, ready-to-eat items. See emergency food supply for suggestions.
- **First Aid Kit** - have a family first aid kit sitting on your 72 hour emergency kit as well as a vehicle kit in each car and a personal kit in each family member's backpack or purse.
- **Tools**
 - 1 Plastic bowl, spoon, cup PP
 - 1 LED headlamp flashlight with extra batteries
 - 1 battery operated radio - receive emergency info
 - 1 multi-function camping knife
 - 1 small ABC fire extinguisher
 - 1 dome tent - backpacking tent sized for family
 - 1 each crescent wrench, hatchet, hammer, phillips and flat screwdrivers, pliers
 - 1 fold-up camping shovel
 - 1 Compass
 - 1 Local map and state map
 - 2 roadside signal flares
 - 1 notebook and pencil
 - 1 sewing kit, needles and thread
 - 1 medicine dropper
 - 1 whistle
 - 1 set of extra car and house keys
- **Supplies**
 - \$100 cash
 - 1 roll duct tape
 - 1 roll plastic sheeting
 - 1 box waterproof matches
 - 1 roll aluminum foil
 - 4 ZipLoc bags, 1 gallon size PP
 - 2 large garbage bags PP
 - 4 disposable hand warmers PP
 - 2 candles
 - 2 snap light sticks
 - 1 small box of nails
 - 50 feet nylon rope
- **Sanitation**
 - 1/2 roll toilet paper PP
 - 4 alcohol towelettes PP
 - 1 small bottle liquid soap
 - Feminine supplies as needed
 - 1 toothbrush PP
 - 1 small bottle Purel hand sanitizer
 - 1 small bottle unscented chlorine bleach
- **Clothing**
 - 1 clothing change PP
 - 1 pair sturdy shoes PP
 - 1 emergency rain poncho PP
 - 1 hat and gloves PP
- **Specific Needs**
 - Infant Supplies - formula, bottles, powdered milk, baby food, diapers, ...
 - Elderly - medications, denture needs, hearing aid batteries, eye glasses, ...
 - Medical - insulin, prescriptions, supplies for contacts
- **Documents** - originals/copies in waterproof container
 - Wills, passports, social security cards, insurance policies, property deeds, contracts, stocks, immunization records, bank account numbers, credit card numbers, birth-marriage-death certificates, important phone numbers, inventory of household items